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Join our Patient Advisory Group



Join our Patient Advisory Group for an important discussion.

Cancer: why and when to screen?

Jessica Murphy, FNP

April 9, 2026

6pm-7pm

zoom or in-person

(light dinner will be served)

1000 Broad Street, Central Falls

To join, email us at patientadvisorygroup@bvchc.org or call (401) 312-9878

To learn more about PAG, [click here](#)

Have you scheduled your mammogram?

It's time to put you first. With a quick yearly mammogram, you can have the power of peace of mind.

*If you are 40 or older, talk to your health care provider about getting breast cancer screening. If you are uninsured, underinsured or have a high copay or deductible, it could be free.**

**The Breast and Cervical Cancer Screening Program by the Rhode Island Department of Health provides free breast cancer screenings and follow-up services to eligible women aged 21 to 64.*

Let's talk Perimenopause & Menopause?

Now offering in-person visits or telehealth appointments with Rachel Ballester, CNM.*

Common symptoms

- Hot flashes
- Night sweats
- Vaginal dryness
- Low libido
- Brain fog
- Joint pain
- Mood changes
- and more!



What to Expect

- Engage in a conversation about screening methods and risk factors associated with osteoporosis, as well as how hormone therapy can help prevent bone loss.

- Explore a range of options, including hormone therapy, non-hormonal therapies, and lifestyle modifications, while also discussing the importance of diet and exercise.

**Rachel Ballester is a certified practitioner with the Menopause Society. She is open to discussion of concerning symptoms with women of any age and her services are offered in English and Spanish (other languages via interpreter services).*

Express Health Care: Sick today? Seen today!

1000 Broad Street, Central Falls*

Monday & Tuesday 8:00am-8:00pm
Wednesday through - Friday 8:00am-5:00pm
Saturdays 8:00am-4:30pm

No appointment required, just walk in!

**Open evenings & minor holidays*

401-722-0081

For more information about our services, visit www.bvchc.org

Access to Quality, Affordable Health Care for All

Our Commitment to the Community

We strive to ensure that everyone in our community has access to top-quality, affordable health care, no matter what their financial situation. As members of the local community ourselves, we prioritize creating a safe, inclusive, and welcoming environment for all.

Insurance Plans We Accept

We accept a wide range of major Rhode Island insurance plans, including Neighborhood Health Plan of Rhode Island, Blue Cross & Blue Shield, and United Healthcare. Additionally, we welcome RIte Care, RIte Share, Medicaid, Medicare, and others making health care accessible to as many individuals and families as possible.

Support for the Uninsured

No health insurance? No problem! At Blackstone Valley Community Health Care, our ***Patient Enrollment and Engagement Specialists*** are available to help you find the right coverage and determine if you qualify for discounted services based on your household income and size. Whether you are uninsured or seeking financial assistance, no one will be denied services due to inability to pay. Qualified patients can benefit from reduced fees or set up affordable monthly payment options.

Why Timely Care Matters

Delaying care often results in worse health outcomes and higher costs down the line, so we encourage you to reach out as soon as possible.

Get in Touch

Call us today at 401-722-0081 to schedule an appointment or visit our website www.bvchc.org for more information.

Community Resources

- **FeedRI-Hope Market, 310 Bourne Ave, Rumford, RI 02916**
 - Free transportation every Tuesday from the Pawtucket YMCA & Leon Mathieu Senior Center
 - [click here for more information](#)
- **YMCA Shower on the Move, 68 Broadway, Pawtucket (Across from the Temple of Restoration Near the Apex Building)**
 - Every Thursday 7am-12pm
 - [Click here for more information](#)
- **Need help paying your utility bills, LIHEAP can help, [click here for more information](#)**



Blackstone Valley Community Health Care celebrating more than 35 years of offering the highest quality, lowest cost health care. Thank you for trusting us with your care.

Blackstone Valley Community Health Care | [Website](#)



Blackstone Valley Community Health Care | 39 East Avenue | Pawtucket, RI 02860 US

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