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Flu & COVID-19 vaccines available



Is it safe to get a flu vaccine and a COVID-19 vaccine at the same time?

Yes, you can get a COVID-19 vaccine and a flu vaccine at the same time if you are eligible, and the timing coincides. Even though both vaccines can be given at the same visit, people should follow the recommended schedule for either vaccine: If you haven't gotten your currently recommended doses of COVID-19 vaccine, get a COVID-19 vaccine as soon as you can, and ideally get a flu vaccine by the end of October. To learn more, click here.

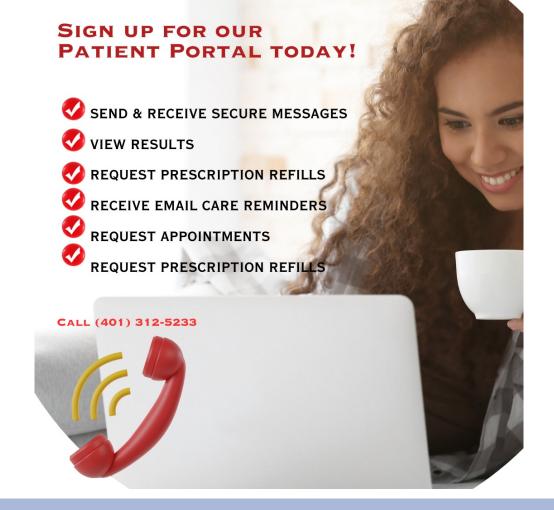
Call today to schedule your appointment.

(401) 312-9831

Sign up to receive your vaccine October 26th



Avoid the wait, enroll today!



Community Resources

- **WellCare** Medicare Advantage Closing in 6 States, including RI, for more information, <u>click here</u>
- Medicare Open Enrollment Period October 15, 2024 December 7, 2024
 - For information, <u>click here</u>
- RI Department of Health, Free vaccine clinic
 - For more information, click here
- Free COVID-19 Tests available from the Department of Health & Human Services.
 - Every U.S. household is eligible to order 4 free at-home tests.
 - To order yours, click here



Join us for a free empowering workshop designed for students! We'll

explore the unique qualities that make you remarkable and develop strategies to help you succeed in life, school, and your future career. Learn to embrace your identity, build self confidence, and overcome imposter syndrome.

> Speaker Dr ZOILA QUEZADA

DISRUPT AND EMPOWER YOURSELF!

Certified Neurolinguistic Coach and Certified Facilitator, specializing in empowering individuals to thrive and contribute to the success of teams, groups, and organizations. She is passionate about creating environments where individual strengths elevate the whole, driving both personal and organizational success.

NOVEMBER 6 @ 3 PM

WEDNESDAY RHODE ISLAND COLLEGE **WORKFORCE DEVELOPMENT HUB** 934 DEXTER STREET CENTRAL FALLS, RI

Must be a Central Falls resident to register and a 8th, 9th, 10th, 11th, or 12th grade student.

SCAN HERE TO REGISTER!





FOR ANY QUESTIONS OR HELP REGISTERING, CONTACT (401) 601-6393 OR EMAIL SPEGUERO@CITY.CENTRALFALLSRI.GOV



City Hall Extended Hours

Every 3rd Thursday of the month 4:00PM to 7:00 pm

Services Include:

- Housing Clinic & RI Legal Service Representative
- RI Energy Customer Advocate (obtain a discount on your electric bill if you receive SNAP or Medicaid)
- Free Immigration & Divorce Legal Consultations
- Employment Services New Service!
- Pay your Taxes
- · Obtain your birth certificate
- · Get documents notarized and more!



















Blackstone Valley Community Health Care celebrating 30 years of offering the highest quality, lowest cost health care. Thank you for trusting us with your care.

Blackstone Valley Community Health Care | $\underline{\text{Website}}$









Blackstone Valley Community Health Care | 39 East Avenue | Pawtucket, RI 02860 US

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