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## Have you checked your cholesterol lately?



*High cholesterol has no symptoms, so many people don't know that their cholesterol is too high. A simple blood test can check your cholesterol levels.*

*According to the CDC, about 86 million US adults aged 20 or older have total cholesterol levels above 200 mg/dL & about 7% of US children and adolescents ages 6 to 19 have high total cholesterol?*

*To learn how your cholesterol levels affect your risk of heart attack & stroke, [click here](#).*

## Join our Patient Advisory Group Meeting

**Thursday, September 12, 2024**



Attend a meeting and receive a \$10 Walmart Gift Card for your participation (limited seats available)

If you would like to join, please email [patientadvisorygroup@bvchc.org](mailto:patientadvisorygroup@bvchc.org) or call (401) 312-9878

To learn more about the Patient Advisory Group, [click here](#)

## Meet our Outreach & Enrollment Specialist

Learn - Inquire - Get Connected

Every Monday, starting **September 16 - September 30, 2024**  
**9am-11am & 2pm-4pm** @ 1000 Broad Street, Central Falls

- Learn how to become a BVCHC patient
- Learn about all BVCHC services
- Learn how to get what you need
- Schedule your next visit or vaccine appointment
- Information about our sliding fee scale discount, health insurance coverage and other benefits
- Sign up for our Patient Portal
- Join our Patient Advisory Group
- Sign up for our Newsletters
- Connect with us on our social media

## Community Resources

- 8<sup>th</sup> Annual Healthy Living Community Event
  - **September 7, 11am – 4pm**, at Slater Memorial Park in Pawtucket (near the carousel and pond)
  - For more information, [click here](#)
- 10 Annual Central Falls Job & Resource Fair
  - **September 12, 9am-12pm** @ Knights of Columbus, 20 Claremont Street, Central Falls
- Learn English for construction jobs
  - **September 10 - December 12, 2024**
  - For more information, contact Maria Vallego ([mvallejo@ric.edu](mailto:mvallejo@ric.edu)) or call 401-868-3003

## Give us a review on Google

*At Blackstone Valley Community Health Care take pride in making sure each patient has a comfortable experience that addressed their medical/dental needs. We would very much appreciate it if you would take a few minutes today or in the next few days to share your experience with us*

Medical - 1000 Broad Street

Medical - 39 East Avenue

Medical - 1145 Main Street

Dental - 210 Main Street



*Blackstone Valley Community Health Care celebrating 30 years of offering the highest quality, lowest cost health care. Thank you for trusting us with your care.*

Blackstone Valley Community Health Care |  
[Website](#)



Blackstone Valley Community Health Care | 39 East Avenue | Pawtucket, RI 02860 US

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