

[Descargue el mensaje en Español aquí](#)

[Descarregue esta mensagem em Português aqui](#)

May is Mental Health Awareness Month

Mental health refers to our emotional and social well-being and impacts how we think, feel, and behave. It plays a role in connecting with others, making decisions, handling stress, and many other aspects of daily life. Everyone has mental health, and it deserves your attention just as much as your physical health does.



Join us to discuss how we can better serve you & learn more about
MENTAL HEALTH AND TRAUMA
AND THE IMPACT IN OUR DAILY LIVES.



Meet Patricia Alvarez, LICSW
Director of Integrated Behavioral Health

May 9, 2024

6pm-7pm via Zoom or In-person
(Light dinner will be served)
39 East Avenue, Pawtucket RI 02860

Attend a meeting and receive a \$10 Walmart Gift Card for your participation.
(limited seats available)

To join, email us at patientadvisorygroup@bvchc.org or call (401) 312-9878

WEEKLY SUPPORT GROUP SESSIONS!

We are here TO HELP



¡SESIONES SEMANALES DE GRUPOS DE APOYO! Estamos aquí para ayudar
SESSÕES SEMANAIS DE GRUPO DE APOIO! Estamos aqui PARA AJUDAR

Reminders

INFORMATIONAL OUTREACH EVENT NO APPOINTMENT REQUIRED

EVERY **MONDAY** STARTING APRIL 22ND - MAY 20TH
9:00AM - 11:00AM & 3:00PM-5:00PM @ **1000 BROAD STREET**

EVERY **TUESDAY** STARTING APRIL 23RD - MAY 21ST
9:00AM-11:00AM @ **39 EAST AVENUE**

EVERY **TUESDAY** STARTING APRIL 23RD - MAY 21ST
3:00PM-5:00PM @ **1145 MAIN STREET**

Learn

- Learn how to become a BVCHC patient
- Learn about all BVCHC services
- Learn how to get what you need

Inquire

- Schedule your next visit or vaccine appointment
- Information about our sliding fee scale discount, health insurance coverage and other benefits
- Giveaways

Get Connected

- Sign up for our Patient Portal
- Join our Patient Advisory Group
- Sign up for our Newsletters
- Connect with us on our Social Media

STOP BY THE **FRONT DESK**
OR CALL **401-312-5233** TO
SIGN UP FOR OUR NEW
PATIENT PORTAL AND
WIN!



CONTEST RULES

ENTRY IS AUTOMATIC WHEN YOU ENROLL **BEFORE JULY 31, 2024**. THREE WINNERS OF A \$50 WALMART GIFTCARD CARD WILL BE SELECTED IN A RANDOM DRAWING FROM ALL ENTRIES AND NOTIFIED BY EMAIL. ONLY ONE ENTRY PER PERSON. NO PURCHASE IS NECESSARY.





celebrating 30 years of offering the highest quality, lowest cost health care. Thank you for trusting us with your care.

Blackstone Valley Community Health Care |
[Website](#)



Blackstone Valley Community Health Care | 39 East Avenue | Pawtucket, RI 02860 US

[Unsubscribe](#) | [Constant Contact Data Notice](#)



Try email marketing for free today!